

ELL-SALINE CARDINALS

May 2012

Monday

Tuesday

Wednesday

Thursday

Friday

	<p>1 CRISPITO & Cheese Sauce Whole Kernel Corn Banana Half Bread Stick Milk</p>	<p>2 Elem- CHICKEN LEG MS/HS CHICKEN PATTY Potatoes & Gravy Broccoli Florets Orange Slice Roll & Jelly , Milk</p>	<p>3 MAC & CHEESE Hot Dog/Smokies Baby Carrots Apple Quarters Cake, Milk Choice</p>	<p>4 Elem-LAZAGNA MS/HS-ITALIAN DUNKERS Tossed Spinach Salad Diced Peaches Garlic Bread Milk Choice</p>
<p>7 CHICKEN NUGGETS Seasoned Rice Baby Carrots Mandarin Oranges Egg Roll Milk Choice</p>	<p>8 TOSTADA ? Lettuce & Salsa Apple Sauce Garlic Bread Choc Chip Cookie Bar Milk Choice</p>	<p>9 TONY'S PIZZA Tossed Spinach Salad Pineapple Chunks Bread Stick Cold Treat Milk Choice</p>	<p>10 COUNTRY STEAK Potatoes Sweet Peas Sliced Pears Roll & Jelly Milk Choice</p>	<p>11 SUB SANDWICH Lettuce & Tomato Broccoli Florets Red Grapes Sun Chips Milk Choice</p>
<p>14 BISCUITS & GRAVY SAUSAGE PATTIE Tri- Tater Fresh Broccoli Orange Slice Milk Choice</p>	<p>15 ELL-SALINE PIZZA Tossed Romaine Mix Pineapple Chunks Pudding Milk Choice</p>	<p>16 CORN DOGS Baked Beans Tri Tater, Tots or Fries ? Fresh Fruit Bread Stick Milk Choice</p>	<p>17 Elem- Sack Lunch PBJ Sandwich, Chips, Apple Sauce, Baby Carrots Graham Snack, Milk MS/HS-Hamburger/Bun Baby Carrots, Chips Apple Quarters, Milk</p>	<p>18 Last Day OF School No Breakfast or Lunch Served.</p>
<p>21 HAVE A FUN SUMMER!</p>	<p>22</p>	<p>23</p>	<p>24</p>	<p>25</p>
<p>28</p>	<p>29</p>	<p>30</p>	<p>31</p>	

New Lunch Regulations 2012/2013 "My Plate"

Watch for updates
In Future Echo's

School News

School Nutrition
Appreciation Week
May 7-11
Express Your
appreciation to Our
School Breakfast and
Lunch crews.